

Domestic Abuse Helplines

If you are in an emergency situation, please call 999

Freephone 24 hour National Domestic Abuse Helplines:

England: 0808 200 0247

Northern Ireland: 0808 802 1414

Scotland: 0800 027 1234

Wales: 0808 801 0800

Other helplines (opening times vary):

Men's Advice Line: 0808 801 0327
(for men experiencing domestic abuse)

Respect helpline: 0808 802 4040
(for anyone worried that they may be harming someone else)

Galop: 0800 999 5428
(national helpline for lesbian, gay, bisexual and trans people experiencing domestic abuse)

Forced Marriage Unit: 0207 008 0151

Paladin - National Stalking Advocacy Service: 0203 866 4107